

Peer Review Report

Review Report on Exploring Psycho-social Factors Influencing Exclusive Breastfeeding: Lived Experiences of First Time Mothers at Salaga Municipal Hospital, Savannah region in Ghana

Review, Int J Public Health

Reviewer: Sajid Soofi

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EVALUATION

Q 1 Please summarize the main theme of the review.

"Exploring Psycho-social Factors Influencing Exclusive Breastfeeding: Lived Experiences of First Time Mothers at Salaga Municipal Hospital.

Q 2 Please highlight the limitations and strengths.

The small sample size and the potential for selection bias

Q 3 Please provide your detailed review report to the authors, structured in major and minor comments.

The paper presents a valuable exploration of psychosocial factors influencing exclusive breastfeeding among first-time mothers. The qualitative approach is well-suited for this topic, and the findings offer insights into the challenges and support systems experienced by mothers.

The paper focuses on psychosocial factors, comprehensively analyzing their impact on exclusive breastfeeding. The topic is highly relevant to public health and maternal-child health. The paper is generally well-written, with clear and concise language.

I have some comments; while the paper provides valuable insights, a more explicit theoretical framework could strengthen the analysis. Consider incorporating existing theories or models related to breastfeeding, maternal-child health, or social psychology.

The literature review could include more recent studies and research on exclusive breastfeeding and psychosocial factors.

The data analysis could be further enhanced by using a thematic analysis approach to identify key themes and subthemes within the data.

The discussion could explore the implications of the findings for improving breastfeeding support services and addressing societal and cultural barriers to exclusive breastfeeding. The discussion section could delve deeper into the implications of the findings for healthcare providers, policymakers, and community members.

The paper could provide more details on the ethical considerations and measures to ensure participant confidentiality and well-being.

The paper could acknowledge and discuss potential limitations of the study, such as the small sample size or the potential for selection bias.

PLEASE COMMENT

Q 4 Does the reference list cover the relevant literature adequately and in an unbiased manner?

yes

Q 5 Does this manuscript refer only to published data? (unpublished data is not allowed for Reviews)

Yes.

Q 6 Does the manuscript cover the issue in an objective and analytical manner

Yes.

Q 7 Was a review on the issue published in the past 12 months?

Yes.

Q 8 Does the review have international or global implications?

Yes

Q 9 Is the title appropriate, concise, attractive?

Yes

Q 10 Are the keywords appropriate?

Yes

Q 11 Is the English language of sufficient quality?

Yes

Q 12 Is the quality of the figures and tables satisfactory?

Yes.

QUALITY ASSESSMENT

Q 13 Quality of generalization and summary



Q 14 Significance to the field



Q 15 Interest to a general audience



Q 16 Quality of the writing



REVISION LEVEL

Q 17 Please take a decision based on your comments:

Minor revisions.