

## Peer Review Report

# Review Report on Sustained negative mental health outcomes among healthcare workers over the first year of the COVID-19 pandemic: a prospective cohort study

Original Article, Int J Public Health

Reviewer: Bijit Biswas

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### EVALUATION

#### Q 1 Please summarize the main findings of the study.

The manuscript was aimed to characterize the evolution of healthcare workers' mental health status over the 1-year period following the initial COVID-19 pandemic outbreak and to examine baseline characteristics associated with resolution or persistence of mental health problems over time. They observed that poor mental health outcomes among healthcare workers persisted over time. The proportion of respondents screening positive for psychological distress and probable depression decreased, respectively, from 74% to 56% and from 28% to 21%. Two-thirds remained asymptomatic/stable in terms of depression symptoms and 56% remained symptomatic or worsened over time in terms of psychological distress. It was nicely designed, administered, and reported.

#### Q 2 Please highlight the limitations and strengths.

Limitations:

Used non-random sample

Observational data leading to some degree of residual confounding

Two-thirds of baseline respondents were lost to follow up

Strengths:

This is the first study to describe the trajectories of change of a large sample of HCWs from an early pandemic hotspot over a long follow-up period

#### Q 3 Please provide your detailed review report to the authors. The editors prefer to receive your review structured in major and minor comments. Please consider in your review the methods (statistical methods valid and correctly applied (e.g. sample size, choice of test), is the study replicable based on the method description?), results, data interpretation and references. If there are any objective errors, or if the conclusions are not supported, you should detail your concerns.

The study was envisioned to characterize the evolution of healthcare workers' mental health status over the 1-year period following the initial COVID-19 pandemic outbreak and to examine baseline characteristics associated with the resolution or persistence of mental health problems over time. It was nicely designed, administered, and reported.

### PLEASE COMMENT

#### Q 4 Is the title appropriate, concise, attractive?

Yes

#### Q 5 Are the keywords appropriate?

Yes

**Q 6** Is the English language of sufficient quality?

Yes

**Q 7** Is the quality of the figures and tables satisfactory?

Yes.

**Q 8** Does the reference list cover the relevant literature adequately and in an unbiased manner?)

Yes

#### QUALITY ASSESSMENT

**Q 9** Originality

**Q 10** Rigor

**Q 11** Significance to the field

**Q 12** Interest to a general audience

**Q 13** Quality of the writing

**Q 14** Overall scientific quality of the study

#### REVISION LEVEL

**Q 15** Please make a recommendation based on your comments:

Accept.